



Red Rice Yeast Extract

Red Rice Yeast has a long history in China as a medicinal herb. This herbal dietary supplement is very powerful. Just as in any regimen change, please consult your health care professional.

Orderline: (877) 572-3444

* MSRP: \$24.95

BUYING OPTIONS:

1 Bottle @ \$19.95 each - **Save: \$5.00**

3 Bottles @ \$16.00 each - **Save: \$26.85**

6 Bottles @ \$15.00 each - **Save: \$59.70**

Suggested use: Adults take 4 capsules daily, two in the morning, two in the evening, or as directed by your health care provider.

Red Yeast Rice is a unique natural product that's been used in Asian traditional medical systems since approximately 800 A.D. It is produced by the fermentation of red yeast (*Monascus purpureus*) with white rice. OptimalHealthRSQ Red Yeast Rice is carefully produced to avoid the presence of citrinin, a sometimes toxic by-product of the fermentation process.

Excerpt: How safe are red yeast rice products?

Animal studies have been conducted in China using high doses of red yeast rice products. No damage to

the kidneys, liver, or other organs were demonstrated in these studies.

Human trials in China and in the United States reported only rare and minor side effects of heartburn or indigestion with the use red yeast rice products. No liver, kidney, or muscle toxicity has been reported.

However, human trials in the United States and China have generally lasted only a few weeks to a few months. Thus, conclusive proof of long term safety (over a period of many years) will have to await further data (such as from data received after the products have been marketed or long-term clinical trials).

Scientists conducting the studies generally believe that red yeast rice is safe in the long-term since it has been a food staple for thousands of years in Asian

countries without reports of toxicity.

Warning: Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. Individuals with liver disease or those currently taking any medications should consult with a health practitioner prior to use. CA residents, please see Prop. 65 <http://www.oehha.ca.gov/prop65.html> warning or reference www.nutraceutical.com/notices.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving	% Daily Value
Red Yeast Extract (Monascus Purpureus)	1200 mg *

*Daily Value not established.

Other Ingredients: Gelatin capsules, rice flour.



Disclaimer: This pamphlet is for educational purposes only. These products are not intended to diagnose, treat, cure, or prevent any disease. These statements have not been evaluated by the Food and Drug Administration.

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